Nucleoside reverse transcriptase inhibitors (NRTIs) & Non-nucleoside reverse transcriptase inhibitor (NNRTI) Combo

Elteno - 600 mg Efavirenz/300 mg Lamivudine/300 mg Tenofovir Disoproxil Fumarate

**Indications**

Indicated for the treatment of HIV-1 infected adults over 18 years of age who have been treated and stabilised on a combination of the 3 antiretrovirals contained in ELTENO TABLETS, administered as separate formulations and at similar dosages as contained in ELTENO TABLETS.

**Dosage**

Adults: One tablet taken orally once daily. ELTENO TABLETS should be taken on an empty stomach, since food may increase efavirenz exposure and this may cause an increase in the frequency of adverse reactions. In order to improve the tolerability to efavirenz with respect to undesirable effects on the nervous system, it is recommended that ELTENO TABLETS be taken at bedtime.

**Where it’s positioned**

Preferred 1st line treatment by the S.A. HIV Clinicians Society.\(^1\)

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